



**Read:** One day, the scene you read of today will flash in front of every person who has ever walked this earth. Read [John 19:31-37](#) and consider this reality: Every eye will gaze at Jesus' pierced side, and they will mourn as if they have lost their only son, for all of mankind has played a part in his gruesome death.

It has often been said that Jesus died of a broken heart, and perhaps he did. How precious the blood shed for you and me. Read [1 Peter 1:18-21](#) as you remember his pierced side, water and blood pouring out. Read it again, choosing a word, phrase or verse to sit with today.

**Think:** Review the passage again and ponder the word or phrase that stands out to you. What do you see of God's nature in this? What do you see about his heart for people? For you? Turn this word or phrase over and over in your mind—gently, like a fragile treasure.

**Pray:** Ask the Holy Spirit to impart God's message for you from this passage. What is he inviting you to consider? To do? To know? Open your heart and ask him to write his love deeply within you.

**Rest:** Sit quietly with what you have heard or sensed or experienced. Let all other thoughts go, except the reality of God's presence here and now, with you. Let him love you. If it helps, play worship music in the background. If your mind gets distracted, gently whisper "I receive your love" or "I love you, Lord."

Stand at the foot of the cross, and count the purple drops by which you have been cleansed; see the thorn-crown; mark His scourged shoulders, still gushing with crimsoned rills... And if you do not lie prostrate on the ground before that cross, you have never seen it.

Charles Spurgeon