

Read: This is the beginning of the end. Jesus has just left the upper room where he shared Passover with his disciples, washed their feet, and spoke of a betrayer. Read <u>Luke 22:39 and John 18:1</u> quietly, pausing to envision this moment in Jesus' life. Consider what might be going on in his mind and in that of his disciples.

On this walk with his followers, Jesus opened his heart, focusing often on his love for them. Read his first words in <u>John 14:1-3</u> slowly aloud. Then, read it a second time, choosing one word or one phrase to focus on.

Think: Review the passage again and ponder the word or phrase that stands out to you. What do you see of Jesus' heart in it? What truth is captured here? What has made him say this? Turn this word or phrase over and over in your mind—gently, like a fragile treasure.

Pray: Ask the Holy Spirit to impart Jesus' message for you from this passage. What is he inviting you to consider? To do? To know? Open your heart and ask him to write his love deeply within you.

Rest: Sit quietly with what you have heard or sensed or experienced. Let all other thoughts go, except the reality of God's presence here and now, with you. Let him love you. If it helps, play worship music in the background. If your mind gets distracted, gently whisper "I receive your love" or "I love you, Lord."

He who knows not the Christ of Calvary knows not God, and He who does not thus know, knows not anything that is worth knowing.